

About The Circle

The Circle offers an array of psychosocial rehabilitative services utilizing an evidenced-based integrated recovery model.

Client driven goals guide the individual treatment plans.

A combination of services may be chosen that will enhance one's ability to successfully integrate into community and attain the highest, possible quality of life.

**For More Information Contact
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*Community, Integration,
Recovery, Capacity, Linkage,
Empowerment*



“Go confidently in the direction of your dreams. Live the life you have imagined.”
- Henry David Thoreau



A Provider of Mental Health, Addiction and Developmental Disability Services

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Services

Psychosocial Rehabilitation Group

Psychosocial Rehabilitation Group is a therapeutic, rehabilitative, skill building, and recovery-promoting service for individuals to gain the skills necessary to allow them to remain in or return to naturally occurring community settings and activities. Services include:

- Individual or group skill building activities that focus on the development of skills to be used by individuals in their living, learning, social and working environments.
- Client Education and Training including self-advocacy, will be integrated into all psycho-education and skills training
- Enhancement of vocational readiness work skills, including team work, communication, resume and interviewing preparation, and actual tasks in the agency and community.

Group Counseling

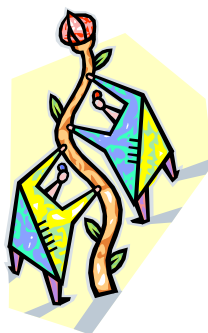
Group Counseling offers clients an opportunity to work with licensed counselors.

- The goal is to assist clients in processing issues and to develop successful approaches to barriers in their recovery.
- Topics addressed include: mental illness education, grief issues, co-occurring issues, recovery/wellness, engagement/motivation, relapse prevention, depression, mood disorders, stress management, family issues, and men's/women's concerns.
- Groups are available five days a week.

Group Skills Training

Group Skills Training teaches clients desired skills and helps them to develop tools needed to achieve independent living with the greatest quality of life.

- Skills training addresses specific client-driven goals.
- Topics addressed include: communication skills, coping skills, empowerment, healthy living, leisure skills, recovery/wellness, and social skills.
- Groups are available five days a week.



Peer Support Program

Facilitated by Georgia Certified Peer Specialists, the Peer Support Program provides structured activities that encourage socialization, recovery, wellness, self-advocacy, and the development and enhancement of independent living skills.

- The program promises to provide psychosocial education and practical training for clients to achieve successful life paths of their choosing.
- Hope and wellness are highlighted. Activities take place both in the Peer Support Center and in the community.
- Emphasis is placed on clients initiating and leading the activities amongst peers with common issues and needs.
- Peer Support is available five days a week.

Community Based Services

Case Management for Adults (CM)

Case Management provides rehabilitative skills building, development of natural supports, and resource coordination needed to assist an individual to reach their capacity for emotional and physical well-being.

- Promote recovery and encourage independent living in the least restrictive environment.
- Clients guide the service by sharing their personal goals based on needs for wellness and recovery.
- Services are available seven days a week.

Intensive Case Management (ICM)

ICM provides a flexible, early engagement community-based service for a higher intensity level clients. ICM staff work with clients individually to:

- Assist clients determine and achieve goals in their recovery plan.
- Promote illness self-management and recovery.
- Coordinate continuity of care.

Assertive Community Treatment (ACT)

ACT provides client-centered, recovery-focused, and community-based services for the most in need individuals. Clients receive services in their homes, where they work, and in other setting in the community where problems occur or where support is needed.

- Advocate for greater satisfaction and personal choices in all aspects of daily life.
- Promote physical and mental well being.
- Reduce the number of hospitalizations.
- Services are available 24 hours a day, 7 days a week.

