
Case Management is a person-centered, recovery-focused service, meant to empower individuals who require support and guidance on their personal journey through recovery.



To schedule an appointment or to make a referral, call

The Access Center

(770) 422-0202

The Access Center of the Cobb and Douglas County Community Services Boards connects the residents of Cobb, Douglas, and surrounding counties to appropriate behavioral health services. The Access Center operates 5 days a week, from 7AM to 5PM and is the first step to receiving services for mental health, substance use disorders, and developmental disabilities.

RECOVERY STARTS HERE.

If you are in need of immediate assistance please contact the Georgia Crisis and Access Line (GCAL)
1-800-715-4225



Cobb and Douglas Community Services Boards

Provider of Mental Health, Addictive Disease, and Developmental Disability Services

Recovery is Possible!

CM

Case
Management Services



Providing support and education for successful independent living

Case Management (ACM)
6133 Love Street
Austell, Georgia 30168
Phone: (770) 819-9229
Fax: (770) 948-6147

www.cobbcsb.com



Referral Information

If you or the individual you are referring are already receiving services with the Cobb and Douglas Community Services Board (CDCSB), please visit our website listed below.

The link to our online referral form is located under Mental Health Services on our website:

www.cobbcbsb.com

Once the referral is received, a CM staff member will contact you with additional information.

If you are not currently receiving services from the CDCSB, please call The Access Center to schedule an initial appointment.

770-422-0202

Case Management (ACM)

What is Case Management (CM)?

CM is a community based support service for adults who have severe and persistent mental illness or co-occurring disorder.

What to Expect

You will meet with your case manager at least twice a month.

Your case manager will work with you to:

- ◆ Develop goals for your recovery
- ◆ Learn and develop daily living skills
- ◆ Coordinate with community resources
- ◆ Improve independent functioning

Services

ACM consists of a variety of services to link clients to needed resources and to develop strong independent living skills.

- ◆ Assistance with enrollment in benefit programs (such as food stamps, Section 8, or Social Security Disability Insurance)
- ◆ Connection to local resources such as food banks, clothing closets, and shelters
- ◆ Exploration of long-term housing options
- ◆ Linkage to employment and education resources
- ◆ Symptom education and management
- ◆ Medication management
- ◆ Budgeting skills
- ◆ Healthy eating and physical exercise
- ◆ And more!



**Case Management (CM)
at
Cobb and Douglas
Community Services Boards**
Believe **RECOVERY IS POSSIBLE!**

