



## The ACT Team

*Provides services to individuals:*

- Whose mental illness has significantly impaired his or her functioning in the community
- Who have been unsuccessfully treated in traditional mental health services
- Who in the past or present have been unsuccessful in traditional clinic-based services and required more than eight hours of services per month
- Who have had multiple or extended stays in state/public psychiatric hospitals within the last year
- Who may have experienced chronic homelessness and/or criminal justice involvement



To schedule an appointment or to make a referral, call

## The Access Center

**(770) 422-0202**

The CCCSB Access Center connects residents of Cobb and surrounding counties to appropriate behavioral health and intellectual/developmental disabilities (I/DD). It operates five (5) days a week, from 7 a.m.-5 p.m. and is the first step to receiving services for mental health, addictive diseases, and I/DD.

**RECOVERY STARTS HERE!**

*If you are in need of immediate assistance please contact the Georgia Crisis and Access Line (GCAL)*

1-800-715-4225



Cobb County Community Services Board

*Provider of Mental Health, Addictive Disease, and Developmental Disability Services*

**Recovery is Possible!**

# ACT

## Assertive Community Treatment

*Delivering integrated services to individuals with severe and persistent illness*



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Austell, Georgia 30168

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# ACT Services

ACT is a program that is person-centered, recovery-focused, and community-based for individuals who have severe and persistent mental illness or are dually diagnosed.

ACT provides access to a variety of support twenty-four (24) hours, seven days a week. The team consists of a psychiatrist, nurses, mental health professionals, employment specialists, certified peer specialists, and substance use disorder specialists.

Additionally, an active member of the ACT Team provides assistance with the development of natural supports, promoting socialization, and the strengthening of community-living skills.



## *How Does ACT Work?*

### **Comprehensive and Continuous Care**

*ACT teams provide an array of services to help meet the needs of the individual*

- Advocating for greater satisfaction and personal choices in all aspects of daily life
- Promoting physical and mental well-being
- Nurturing healthy social relationships
- Pursuit of paid employment
- Reduction the number of hospitalizations
- Service are available 24 hours a day, seven days a week

### **Personalized Care**

- Individuals receive services in their homes, where they work, and in other community areas where needed
- ACT teams work with a small staff-to-individual ratio
- ACT teams fit their schedules around the needs of the individuals
- ACT teams use a self-directed recovery model
- ACT teams provide individuals with services they need for as long as required
- Each individual served meets with multiple members of the ACT Team



**Assertive Community Treatment (ACT)**  
at  
**Cobb County Community Services Board**  
Believe *RECOVERY IS POSSIBLE!*

