

YOUTH GUIDED

FAMILY DRIVEN

MENTAL HEALTH

SUBSTANCE ABUSE

SYSTEM OF CARE

**COLLABORATING WITH YOUTH,
FAMILIES, AND COMMUNITY
PARTNERS FOR**

Bright Changes

is a program of the Cobb and Douglas Community Services Boards, an agency with 22 programs/services accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities. We accept private health insurance, PeachCare and Medicaid. Other financial arrangements are made on a sliding fee based on income.

For Services, Call 770-422-0202

UMATTER

Utilizing Media and Technology to
Encourage Resiliency and Recovery

Youth participants have received national recognition and awards for the development of Public Service Announcements for youth audiences which promote mental and physical health and wellness.



Administration Office

3830 South Cobb Drive, Suite 300

Smyrna, GA 30080

770-429-5000



Name and logo concept developed by our youth

**Cobb County Community Services Board
Douglas County Community Services Board**



**Child & Adolescent
Outpatient Community Based
Services**

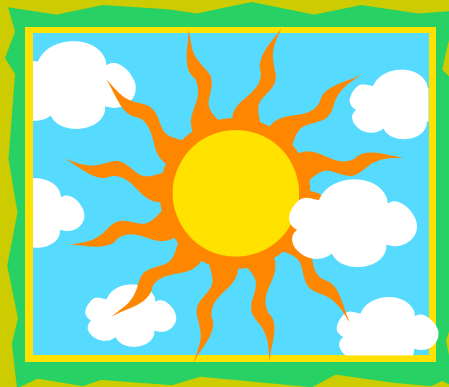
Bright Changes

Is a comprehensive, youth guided, family driven and community supported mental health and substance abuse system of care, which provides quality care in a culturally competent manner that addresses the needs of the whole person.



SERVICES

- ◆ Evaluation Assessment
- ◆ Psychiatric Assessment
- ◆ Nursing Assessment
- ◆ Family, Individual and Group Counseling
- ◆ Group Skills Training and Development
- ◆ Play Therapy
- ◆ Community Support Services
- ◆ Medication Management
- ◆ Coordination of Community Resources
- ◆ UMATTER (optional participation, see program description on back cover).



Child and Adolescent Outpatient Sites

COBB

1650 County Services Pkwy
Marietta, GA 30008
Phone: 770-514-2422

DOUGLAS

680 Thornton Way
Lithia Springs, GA 30122
Phone: 770-949-8082



First Time Appointments,
Information and Referrals call

770-422-0202

Monday through Friday

8am - 6pm