



## Payment for Services

We gladly accept Medicaid, Managed Care (Amerigroup, Peachstate and Wellcare) and some private commercial insurances. If you have no insurance, our staff will help you apply for Georgia PeachCare. If you do not qualify for Georgia Medicaid or PeachCare, we will help you complete a financial assessment and payment arrangements can be made using the State of Georgia's sliding fee scale. All of this will be completed in the first 15 days of service.



*A Provider of Mental Health, Addiction and Developmental Disability Services*

### **Bright Changes**

Cobb Outpatient Services  
1650 County Services Parkway  
Marietta, GA 30008

Douglas Outpatient Services  
680 Thornton Way  
Lithia Spring, GA 30122

For general information, please contact Emily Lawery at 678-464-0477 or email [elawery@cobbcsb.com](mailto:elawery@cobbcsb.com)

## Bright Changes



### School Partnerships



is a program of the Cobb and Douglas Community Services Boards serving children and adolescents through 21 years of age if still attending school.



## ABOUT THE PROGRAM

**B**right Changes provides mental health services to participating schools with students in grades 1-12. Many of today's youth show signs of mental health concerns such as anxiety, ADHD, depression, mood disorders, self injurious behavior, substance use and suicidal thoughts. These behaviors can be the result of trauma, loss, grief, out of home placement and/or family disruption (divorce, incarceration of parents/guardians and violence). At times the severity of the mental health issue disturbs the youth's ability to function at school, home or in the community.



## WHAT CAN SCHOOLS DO?

Schools can partner with us to assess the needs of students who display signs of mental health problems so that youth can get the services they need. Teachers and administrators can make referrals to the school's counselor or social worker, who would then refer the student to the Bright Changes Therapist. There is an online referral form that would be filled out by the counselor/social worker and emailed to the therapist. Upon receipt of the referral form, the therapist would initiate contact with the family within one business day.

Youth who are undocumented may also receive services until they reach their 18th birthday.

## Services

Services are youth centered and family focused with an emphasis on individualized and accessible treatment for young people and their families. In order to meet the needs of the young people we serve, Bright Changes utilizes an interdisciplinary team comprised of counselors, psychiatrists, social workers, nurses and community support workers. After a thorough evaluation, a youth may receive services at school, home, or in clinic. These may include:

- Individual therapy
- family therapy
- group therapy
- community support
- medication administration
- psychiatric treatment
- nursing assessment
- service plan development

Services that are provided in school will be during non-core academic time and all efforts will be made to support academic goals.