

# TEAM Clubhouse

## Clinical Services

- ◆ Assessments
- ◆ Referrals
- ◆ Intensive, After Care, and Early Intervention Groups
- ◆ Case Management

## Eligibility

- ◆ Must have a primary substance abuse diagnosis at a mild or moderate level
- ◆ May have mild co-occurring mental health disorders - those with more severe mental health disorders can be referred to services better suited for the needs of the adolescent

## Transportation

- ◆ Available for residents of Cobb and Douglas Counties

## Hours of Operation

- ◆ Monday & Wednesday: 4:30 - 7:30PM
- ◆ Tuesday: 4:30 - 6:30PM
- ◆ Thursday: 4:30 - 7:15PM
- ◆ Friday: 4:30PM - varies based on activity
- ◆ Saturday & Sunday: based on monthly schedule



**To schedule an  
appointment or to make a  
referral, call**

**The Access Center**

**(770) 422-0202**

The Access Center of the Cobb and Douglas County Community Services Boards connects the residents of Cobb, Douglas, and surrounding counties to appropriate behavioral health services. The Access Center operates 5 days a week, from 7AM to 5PM and is the first step to receiving services for mental health, substance use disorders, and developmental disabilities.

RECOVERY STARTS HERE.

If you are in need of immediate assistance please contact the Georgia Crisis and Access Line (GCAL)  
1-800-715-4225



**Cobb and Douglas Community  
Services Boards**

*Provider of Mental Health, Addictive  
Disease, and Developmental Disability  
Services*

***Recovery is Possible!***



# TEAM Clubhouse

***Adolescent Recovery  
Services***

*The S.A. Clubhouse is an exciting  
place for youth to learn early  
recovery skills, alternative  
decision making and coping skills  
in an effort to prevent the  
continued use of psychoactive  
substances.*

TEAM Clubhouse  
5905 Stewart Parkway  
Douglasville, Georgia 30135  
Phone: (770-949-8082 ext. 1351  
Fax: (770) 739-7190

[www.cobbcsb.com](http://www.cobbcsb.com)



TEAM Clubhouse serves as a place where adolescents (ages 13-17) and their families can come to feel at home and participate in life mending activities.

Clubhouse programming provides a pivotal opportunity for adolescents to overcome past challenges while forming new life goals to support long term recovery. Ultimately we support teaching youth to celebrate recovery through life's journey while formulating a roadmap for reaching desired life goals. Some benefits of TEAM Clubhouse include **empowerment, companionship, and maintaining one's balance in life.**

### Clubhouse Components

#### Social Component

Structured Therapeutic Recreational Activities (Skyzone, Andretti, Paintball, Sparkles, Camping, etc.), Life Skills, Computer Lab & Resource Room, Themed Weekly Events, Community Service Events

#### Educational Support Services

GED / College Preparation Material, Tutoring and Homework Assistance, Literary / Book Club

#### Employment Services

Youth Customized Employment Program

#### Peer & Family Support Services

Positive Peer Mentoring, Parent Psycho Educational, Groups, Family Night

Evidence based models are used to help participating adolescents master the daily struggle of overcoming substance use disorder. Groups offered are:

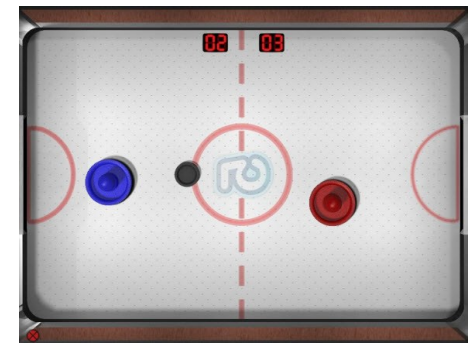
**Group A (Intensive)** — Is the most intensive substance use disorder group offered through TEAM Clubhouse. Adolescents in this group have demonstrated difficulty abstaining from substances for long periods of time and need assistance in making conscious decisions to stop using alcohol/drugs, building coping skills, and identifying triggers of drug use. Adolescents are randomly drug screened each week.

**Group B (S/A Education)** — This group further develops positive coping skills, short/long term goal setting and exploring the root cause of the adolescents drug use and or curiosity. Adolescents are randomly drug screened each week.

**Group AB (Aftercare)** — Is considered a Maintenance and Relapse Prevention Group and is the final step in TEAM Clubhouse Program. Adolescents will reach this group after successfully completing Group A, completing 12 consecutive weeks of negative drug screens, and two family night attendances. This group is designed as a check-in to help hold the adolescent accountable for his/her actions and gives him/her an opportunity to utilize the group when they are having difficulty navigating life challenges and the recovery process.

### The Activity Corner

Introduces adolescents to stimulating activities, such as video games, air hockey, pool table, exercise equipment, board games etc., in an effort to develop a healthy interest in activities other than substance use.



### Resource Room & Education Lab

Designed to emphasize and assist the participants in making educational gains through planning and one-on-one assistance. Participants may complete their homework, receive tutoring, learn resume building skills and other educational activities.

Movies and educational DVD's are available for weekends and movie nights.



**TEAM Clubhouse**  
at  
**Cobb and Douglas**  
**Community Services Boards**  
Believe **RECOVERY IS POSSIBLE!**

