

We gladly accept Medicaid, Managed Care (Amerigroup, Peachstate, Wellcare and CareSource) and some private commercial insurances. If you have no insurance, our staff will help you apply for Georgia PeachCare. If you do not qualify for Georgia PeachCare, we will help you complete a financial assessment and payment arrangements can be made using the State of Georgia's sliding fee scale. All of this will be completed in the first 15 days of service.

Bright Changes also offers two Outpatient Locations:

Cobb Outpatient Services
1650 County Services Parkway
Marietta, GA 30008

Douglas Outpatient Services
680 Thornton Way
Lithia Spring, GA 30122

For general information about any Bright Changes services, please contact Emily Lawery at 678-464-0477 or elawery@cobbcsb.com



If you are an interested parent or guardian of a student, please contact your school staff for referral.

If you are in need of immediate assistance please contact the Georgia Crisis and Access Line (GCAL)
1-800-715-4225

or

The National Suicide Prevention Lifeline at **1-800-273-8255**

Program supported by Department of Behavioral Health and Developmental Disabilities



DBHDD



Cobb and Douglas Community Services Boards
Provider of Mental Health, Addictive Disease, and Developmental Disability Services

Recovery is Possible!



Bright Changes

School Partnerships

The Cobb and Douglas Community Services Board is part of the Georgia APEX Project serving children and adolescents within the school setting.

Administrative Building
3830 South Cobb Drive
Smyrna, Georgia 30080
Phone: (770) 429-5000
Fax: (770) 438-5136

www.cobbcsb.com



Bright Changes provides school based mental health services to referred students in participating schools. Therapists are able to address the students mental health needs during the school day and provide consistent care including crisis intervention if needed. Many students have experienced traumatic events during their childhood that have led to anxiety, depression, grief, self injurious behavior, substance use and/or suicidal thoughts. Many students show difficulty adjusting to a new school or the learning environment. Being able to address the students' needs in real time aids in their overall success in school.



WHAT CAN SCHOOLS DO?

Bright Changes staff work closely with school staff to identify the needs of students and link them with appropriate services. This school collaboration provides families with streamlined access to mental health services and serves to help improve academics, behavior, school attendance and ultimately graduation rates. Parents and school staff can make referrals to the school's counselor or social worker, who then refer the student to the Bright Changes Therapist. There is an online referral form completed by the counselor/social worker and emailed to the therapist. Upon receipt of the referral form, the therapist would initiate contact with the family within one business day.



Services are youth centered and family focused with an emphasis on individualized and accessible treatment for young people and their families. In order to meet the needs of the young people we serve, Bright Changes utilizes an interdisciplinary team comprised of counselors, psychiatrists, social workers, nurses and community support workers. After a thorough evaluation, a youth may receive services at school, home or in clinic. These may include:

- ◆ Behavioral Health Assessment
- ◆ Psychiatric and Nursing Assessment
- ◆ Individual and Family Counseling
- ◆ Community Support Services
- ◆ Medication Management
- ◆ Referral Linkage
- ◆ Resource Coordination

Services that are provided in school will be during non-core academic time and all efforts will be made to support academic goals.



**Cobb and Douglas
Community Services Boards
School Partnership Program**
Believe **RECOVERY IS POSSIBLE!**

