

We gladly accept Medicaid, Managed Care (Amerigroup, Peachstate, Wellcare and CareSource) and some private commercial insurances. If you have no insurance, our staff will help you apply for Georgia PeachCare. If you do not qualify for Georgia PeachCare, we will help you complete a financial assessment and payment arrangements can be made using the State of Georgia's sliding fee scale.

**Bright Changes also offers two Outpatient Locations:**

Cobb Outpatient Services  
1650 County Services Parkway  
Marietta, GA 30008

Douglas Outpatient Services  
5905 Stewart Pkwy  
Douglasville, GA 30135

For general information about any Bright Changes services, please contact Emily Lawery at 678-464-0477 or [elawery@cobbcsb.com](mailto:elawery@cobbcsb.com)



**If you are an interested parent or guardian of a student, please contact your school staff for referral.**

If you are in need of immediate assistance please contact the Georgia Crisis and Access Line (GCAL)  
**1-800-715-4225**

or

The National Suicide Prevention Lifeline at **1-800-273-8255**

Program supported by Department of Behavioral Health and Developmental Disabilities



DBHDD



Cobb and Douglas Community Services Boards  
*Provider of Mental Health, Addictive Disease, and Developmental Disability Services*

***Recovery is Possible!***



**Bright Changes**

**School Partnerships**

The Cobb and Douglas Community Services Board is part of the Georgia APEX Project serving children and adolescents within the school setting.

Administrative Building  
3830 South Cobb Drive  
Smyrna, Georgia 30080  
Phone: (770) 429-5000  
Fax: (770) 438-5136

[www.cobbcsb.com](http://www.cobbcsb.com)



**B**right Changes provides school based mental health services to referred students in participating schools. Therapists are able to address the students mental health needs during the school day and provide consistent care including crisis intervention if needed. Many students have experienced traumatic events during their childhood that have led to anxiety, depression, grief, self injurious behavior, substance use and/or suicidal thoughts. Many students show difficulty adjusting to a new school or the learning environment. Being able to address the students' needs in real time aids in their overall success in school.



## School Partnership

Bright Changes staff work closely with school staff to identify the needs of students and link them with appropriate services. This school collaboration provides families with streamlined access to mental health services and serves to help improve academics, behavior, school attendance and ultimately graduation rates. Parents and school staff can make referrals to the school's counselor or social worker, who then refer the student to the Bright Changes Therapist. There is an online referral form completed by the counselor/social worker and emailed to the therapist. Upon receipt of the referral form, the therapist would initiate contact with the family within one business day.



Services are youth centered and family focused with an emphasis on accessible and individualized treatment for young people and their families.

Services may include:

- ◆ Behavioral Health Assessment
- ◆ Psychiatric and Nursing Assessment
- ◆ Individual and Family Counseling
- ◆ Community Support Services
- ◆ Medication Management
- ◆ Referral Linkage
- ◆ Resource Coordination

Services that are provided in school will be during non-core academic time and all efforts will be made to support academic goals.



**Cobb and Douglas  
Community Services Boards  
School Partnership Program**  
Believe **RECOVERY IS POSSIBLE!**

