

## Cobb and Douglas Community Services Boards (CDCSB)

The CDCSB provides mental health, addictive diseases, and developmental disabilities services to residents of Cobb, Douglas, Paulding, and Cherokee Counties. The CDCSB is governed by the Cobb and Douglas County Boards of Directors who plan, guide, and oversee the agency's operations.



### Philosophy of Care

Our Philosophy of Care is to maximize satisfaction and outcomes through respectful, evidence based interventions with responsible use of resources.

### Core Values

Our success will occur through constant mindfulness of our Philosophy of Care and the following values:

- Individual empowerment
- Customer driven care and supports
- Passion for innovation and integrity
- Focus on community

Cobb and Douglas CSB has 22  
programs accredited by



**To schedule an  
appointment or to make a  
referral, call**

**The Access Center**

**(770) 422-0202**

The Access Center of the Cobb and Douglas County Community Services Boards connects the residents of Cobb, Douglas, and surrounding counties to appropriate behavioral health services. The Access Center operates 5 days a week, from 7AM to 5PM and is the first step to receiving services for mental health, addictive diseases, and developmental disabilities.  
**RECOVERY STARTS HERE.**

If you are in need of immediate assistance please contact the  
Georgia Crisis and Access Line (GCAL)  
1-800-715-4225



**Cobb and Douglas Community  
Services Boards**

*Provider of Mental Health, Addictive  
Disease, and Developmental Disability  
Services*

***Recovery is Possible!***



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Community Services  
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*Provider of Mental Health,  
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Services*  
***Recovery is Possible!***

Administrative Building  
3830 South Cobb Drive  
Smyrna, Georgia 30080  
Phone: (770) 429-5000  
Fax: (770) 438-5136

[www.cobbcsb.com](http://www.cobbcsb.com)



## Recovery Services

### Mental Health and Wellness

The CDCSB provides mental health services to children, adolescents, and adults. A range of services are available to assist individuals with their mental health recovery, including those designed to provide clinical treatment, educate individuals and their families about mental illness, link to community resources, and support the development of the skills necessary to live the best life possible in the community in which one lives. Services are guided by the needs and goals of each individual, are based on each individual's strengths, and are anchored in the wellness of the whole person.

- Psychiatric Assessment and Evaluation
- Peer Support
- Psychosocial Rehabilitation
- Case Management
- Group, Individual, and Family Counseling
- Pharmacy Services
- Medication Management
- Resource Coordination
- Criminal Justice Services
- Day Treatment Programs
- Intensive Residential Services
- Independent Residential Programs
- Supported Employment

### Addictive Diseases

The CDCSB believes that recovery is possible for everyone and accepts that it is a long-term process unique to each person. The CDCSB works to provide both clinical and non-clinical supports focused on the individual and their strengths and encompassing their whole health and resiliency. Services are guided by lived experience and supported by a Peer Workforce. Outpatient and residential treatment options are available for individuals seeking support and assistance for their recovery.

- Behavioral Health Assessment
- Group, Individual, and Family Counseling
- Case Management
- ASAM Assessment and Services
- Specialized Women's Programs
- Dual Diagnosis Programs
- HIV Education and Prevention
- Peer Support
- Resource Coordination
- Residential Services
- Supported Employment

### Behavioral Health Crisis Center

While the mission of the CDCSB is to provide recovery services to individuals in their communities, The Behavioral Health Crisis Center (BHCC) exists to extend those supports to individuals who are in need of a temporary monitored residential stay to assist them, providing the opportunity for psychiatric and behavioral stabilization and detoxification.

- Operates 24 hours a day, 7 days per week
- Emergency Receiving Facility
- Voluntary and Involuntary Admissions
- Twenty-three hour observation

### Child and Adolescent

The CDCSB offers specific programs designed to address the social and emotional needs of children and adolescents in mental health and addictive disease recovery. Youth-guided and family driven programs encourage self-exploration and growth, and teach early recovery skills, alternative decision making, coping skills, and age appropriate life-skills.

- Psychiatric Assessment and Evaluation
- Individual, Group, and Family Counseling
- Group Skills Training and Development
- Play Therapy
- Case Management
- Resource Coordination
- Bright Changes School Partnerships Program
- Bright Changes Clubhouse (ages 9-21)
- Team Clubhouse (ages 13-19)
- George W. Hartmann Center (long-term residential addictive disease treatment; ages 13-17)
- Journey Dialectical Behavior Therapy Program

### Developmental Disabilities

The mission of the CDCSB Developmental Disabilities program is to assist individuals with developmental disabilities to become participating and respected citizens so that they may live, work, contribute, and develop relationships in the community. The focus of service and supports is aimed at promoting personal choice and community inclusion.

- Choices 2—serving Cobb and Douglas Counties
- Habilitative and Therapeutic Services
- Supported/Self-employment
- Day Programs (e.g., Art Programs, Computer Labs)
- Family Liaison/Family Supports
- Residential Services (e.g., group homes, semi-independent living, in home supports)



**Cobb and Douglas  
Community Services Boards**

**Believe RECOVERY IS POSSIBLE!**

